

Steph's Quick Budget Fact Sheet

uruguay - Barra de Valízas

Quick Facts

✓ Capital: Montevideo

✓ Language: Spanish

✓ Population: ± 330

✓ **Size:** 2 main streets

✓ Currency: Pesos (\$UYU)

✓ Country code: +598 (4475)

✓ Visa: Fore some countries, <u>check here!</u>

✓ Alarm codes: 911

✓ **Vaccinations:** Hep-A / Hep-B / Typhoid / Yellow fever / DTP / Rabies.



History Recap Over 1 Drink

Charrua tribe. 1516: Spanish settler Solis killed by indigenous tribes, discouraging further Eur colonization for 100yrs. 1726: Montevideo founded by Spanish, Uruguay taken from Portuguese. '76: Part of La Plata → 1808: Uruguay rebels, overthrows Spanish monarchy. '12 – '20: Fight against Arg & Braz invaders. 1825: Cisplatina War: 1828 independent. 1839-1852: Guerra Grande: Conservative Blancos ← → Liberal Reds. Afterwards: Rise in immigrants (Italy/Spain) → economic development. '65-70: Joins war with Arg/Bra against Paraguay → defeated. 1903-15: Pres Batlle y Ordonez: political / social / economic reforms. 1939: Battle of the Riverplate (Germany/Britain). 1950s: Economic crisis → Tupamaros guerillas → defeated. '51: Pres replaced with 9-member council. '72: 16 survivors of plane crash in Andes survive by eating human flesh of died passengers. '73-'85: military dictatorship (180 people disappeared). Pres Sanguinetti. '89: Pres Herrera – '94: Sanguinetti - '99: Batlle. 1990s: Economic recession. '02: Diplomatic ties with Cuba broken. Tax increases, banks closed to stop mass withdrawals (prevent Arg crisis from spilling over border). '04: Pres Tabare-Vazquez, restores ties with Cuba, energy deal with Venezuela, social reforms. '09: Pres Mujica: decriminalizing marihuana, legalization abortion. '15 Pres Tabare-Vazquez.

Travel Seasons

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Spring												
Summer	warmest											
Autumn				driest								
Winter							wettest	coolest				
Budget												

Altitude: 12m. Climate: Oceanic Climate (Cfb).

Bucket List For Free

- © Walk over the beach to Cabo Polonio or Aguas Dulces.
- © Enjoy the sun and beach life.
- © Spot some turtles and sea lions at the shore!

Festivals

Festival de Movimiento: Jan-Feb.

Keep an eye on Turismo Rocha's events calendar.

Sleep Cheap

- Pitch your tent in the dunes or go for cheap lowseason accommodation.
- Go Couchsurfing or house-sitting! Also check WorkAway.

The Earth Becomes My Throne

Free-Riding?

- Everything within the tiny centre of Barra de Valizas is easily walkable.
- Biking is possible, but most is on dirt road.
- The terminal can be found at the village's entrance. Buses leaving town don't go very often. Check the photos of this blog for a time table.
- Hitch-hiking is possible and very common here, just walk to the national routes to be picked up.

Tip: Download the Triposo Uruguay app for offline maps, landmark descriptions & more, or load Google Maps when you have Wi-Fi and leave it open, you will still be able to use it offline.

Mama Said

- Tap water is drinkable, but if you just arrived in the country you are better off with filtered water.
- Don't destroy nature, take your trash home. Don't pollute the sea.
- There are no banks or ATMs here! The next bank is in Castillo.

Budget Bites

- Supermarkets: El Palmar, minimarkets and kiosks.
- 器 Local food: Asado, chivito, choripan, empanadas, pancho, ñoquis, milanesa, pascualina, torta frita... flushed away with a cup of mate or tannat wine.
- ## Go vegan: This is vegan paradise!

 All supermarkets have many vegan ingredients and basically every restaurant has vegan options or is all vegan.

Next?

- → In Uruguay: Cabo Polonio, Aguas Dulces, Punta del Diablo, La Paloma, El Caracol, Punta del Este, Minas, Villa Serrana,
- → International destinations close by: Argentina, Brazil.