



Steph's Quick Budget Fact Sheet

Peru - Arequipa

Quick Facts

- ✓ **Capital:** Lima
- ✓ **Language:** Spanish / Indigenous
- ✓ **Sq km:** 63
- ✓ **Population:** ± 861.200
- ✓ **Currency:** Nueva Sol (S)
- ✓ **Country code:** +51 (54)
- ✓ **Visa:** Fore some countries, [check!](#)
- ✓ **Alarm codes:** 105 (police), 116 (fire), 117 (ambulance)
- ✓ **Vaccinations:** Hep-A / Hep-B / Typhoid / DTP / Yellow fever / Malaria prevention

History Recap Over 1 Drink

6000BC: Nomads. Civilizations developed → Inca's (1438-1532) most powerful, capital: Cusco, language: Quechua, area: Ecuador to central Chile. 1531: Spanish, brought diseases (8,6mln Inca's died). Pizarro: *coupe d'état*, Battle of Cajamarca. Christianity introduced. Colonial land-tenure structure. 1540: Arequipa founded. 1542: Viceroyalty of Peru in favor of Spain. 18th Century: Incan rebellion (Tupac Amaru II/Atahulpa). 19th Century: Creole rebellion. 1810-24: Wars of Independence, led by San Martín (Argentina) / Bolivar (Venezuela), financed by Chile. 1824: Peru independent. 1836-39: Peru-Bolivian Confederation (reunite) → War of Confederation. 1879-84: War of the Pacific, lost land to Chile. 1884- 1930 Aristocratic republic → reforms under Piérola. 1929: Economic crisis → numerous governments: APRA (Haya de la Torre)- Communist Party (Mariategui)-Rivero-Odria-Haya de la Torre - Godoy (military)-Belaúnde-Velasco-Bermúde-Belaúnde-Garcia-Fujimori ([Shining Path](#)) -Toledo-Garcia-Humala. Corruption. 1950: Earthquake Cusco. 1982-83: El Nino. 1988-90: Hyperinflation.

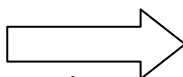
Travel Seasons

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Wet												
Dry												
Best						high	sea-	son				
Budget												

Altitude: 2335m.

Bucket List For Free

- ☺ 'Free' (tip-based) walking tour. Choose [FWT](#): 10:30AM & 2PM @ Plaza San Francisco, *NOT the one at 10AM & 3PM @ IPeru office, Plaza de Armas.*
- ☺ Visit free shows and expositions at [Instituto Cultural Peruano Norteamericano](#).
- ☺ Climb the volcanoes: Misti, Pickchu Pickchu & Chachani. By yourself or with a guide.
- ☺ Churches: Cathedral (cover body), San Augustin, Santo Domingo, Yanahuara, La Merced, La Compania.
- ☺ Saturday 7AM-2PM: Bioferia Arequipa (bio market).



Worth The Extra \$€¥

- 👍 Colca Canyon: entrance 70 sol. Via [an agency](#) or with the local bus (17 sol). & Cabanaconde.
- 👍 Museum hopping: Museo de Arte Contemporaneo, [Museo Santuarios Andinos](#), [Santa Catalina](#), Santa Teresa, Historico Municipal. Bring a (fake) student card: Discounts!
- ☺ Visit the San Camilo market for excellent food and a sneak-peek in Peruvian culture.
- ☺ Free sights: Plaza de Armas, Mirador de Yanahuara, Plaza San Francisco

Tourist Trap Alert

- ⊗ Walk past the hundreds of tour agencies. Most things you can organize yourself.
- ⊗ Unless you are disabled or over 70 years old, you can't be in the tourist bus without losing your dignity.

Nights Best Spent

- ◆ Qochamama, Calle Ugarte 300.
- ◆ Wild Rover Bar, Ugarte 111.
- ◆ Peace and Love, Calle Bolivar 435.

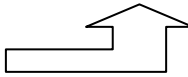
... Seated Down

- ◆ Teatro Fénix, Calle General Moran 104.
- ◆ Instituto Cultural Peruano Norteamericano, Izaga 807.
- ◆ Cineplanet, Los Arces s/n at Av del Ejército.

Festivals

- ⚙ Pan Peruvian: Carnival, March-Apr.
- ⚙ Virgen de Chapi: Religious, 1-15 May.
- ⚙ Independence Day: 28-29 July.

Mama Said

- ☠ Stay at the main streets and don't wander around alone after sunset.
- ☠ Watch your bag, buy a lock. Smartphones are popular.
- ☠ Take precaution with taxi's 
- ☠ Take day buses. Night buses are more dangerous in sense of accidents, robberies and hijackings.
- ☠ Be careful with drugs. Dealers cooperate with corrupt police officers.

Sleep Cheap

- ❖ Arequipay Backpackers, +5154234560, Pasaje O'Higgins 224.
- ❖ Home Sweet Home, +5154405982, Calle Rivero 509-A.
- ❖ Go [Couchsurfing!](#)

Budget Bites

- ⌘ Mercado San Camilo: Cheap fruit, veggies and meals.
- ⌘ Streetfood is dirt cheap. Tasty: salteñas, lomo saltado, quinoa, cuy (guinea pig), rocoto relleno, anticuchos, pollo a la brasa, picarones.
- ⌘ Go to local restaurants in [Calle Sucre](#) & further away from Plaza de Armas and order *almuerzo* (lunch) or *menu del dia* for 4-10 soles (3-course meal).

Free-Riding?

- All distances in Arequipa are walkable.
- The bus system is used for long-distance travel. In the city or region *colectivos* are used. On the front you can find the destination.
- Taxi's are cheap, but can be very dangerous in Peru. Armed muggings are common. Only use official companies, let your hostel call a radio taxi. Never go in a cab with strangers. As a woman, go with men you know.
- Check [Perurail](#) for (more expensive) train routes.

Tip: Download the free Triposo Peru app for an offline map, offline guide & more.

Knowledge I'm Taking Home

- 📖 Hable español: [Rocio Language Classes](#).
- 📖 Play guitar, paint, sing or dance (cheap!): [Escuela Nacional de Arte Carlos Baca Flor de Arequipa](#).
- 📖 Cook Peruvian: [Peruvian Cooking Experience](#).

Next?

- ➔ In Peru: Puno, Cusco, Sacred Valley, Huacachina, Nazca, Ica, Lima.
- ➔ International destinations closeby: Bolivia, Chile.

The Earth Becomes My Throne