

# Steph's Quick Budget Fact Sheet

#### Quick Facts

- ✓ Capital: Kuala Lumpur
- ✓ Language: Malay
- ✓ **Population:** ± 325,200
- ✓ Sq km: ± 431
- ✓ Currency: Ringgit (RM)
- ✓ **Country code:** +60 (82)
- ✓ Visa: Few countries, <u>check!</u>
- ✓ Alarm codes: 999 (emergency), 994 (fire)

✓ Vaccinations: DTP / Hep-A / Hep-B / Typhoid / Japanese Encephalitis / Malaria prevention



## Malaysía – Kuching

#### History Recap Over 1 Drink

1400s: Prince Parameswara founds Melaka. 1511: Portuguese capture Melaka: center East-Indian spice trade. 1641: Dutch took over. 1786: British Captain Francis founds Penang.'24: Anglo-Dutch treaty spice trade: Melaka British $\rightarrow$ Colony of Straits Settlements. Indian/Chinese working immigrants. Protectorates over Malay Sultanates. '95: Federated Malay States. 1942-'45: Japanese occupation. '48: Federation of Malaya (British-ruled Malayan territories). '57: Independent from UK. Rahman Prime Minister (PM). '65: Singapore withdraws from Malaysia.'69: Anti-Chinese riots (frustration over their economic success). '70: Razak PM: National Front coalition. '71: Min. guotas Malays in business. '78-'89: Unrestricted Vietnamese asylum. '81: Mohamad PM. '89-'90: Communist insurgents sign peace accord with government. '93: Sultans lose legal immunity. '97: Asian financial crisis. 2001: Ethnic clashes between Malays & Indians. '02: New laws against illegal immigrants →exodus. '03: Badawi PM. '09: Ban recruitment foreign workers. Razak PM. 2010: First Islamic punishments: flogging women for extra-marital sex, allow underage marriage in Melaka. '14: MH17 flight from Amsterdam to KL crashes in Ukraine: shot down. '15: Razak took \$700m from sovereign wealth fund (1MDB) / corruption scandal. '16: Sultan Muhammad V new king.

#### Travel Seasons

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Wet	wettest											
Dry							driest					
Best												

Altitude: 9m. Climate: Tropical Rainforest Climate (Af).

#### Bucket List For Free

© **Sights:** Cat Monuments, Hindu temple, Tua Pek Kong Temple, Chingsan Yan Temple, Sri Srinivasagar Temple, Waterfront, Warrior Monument, Kuching Mosque, Murals, The old courthouse, Dewan Undangan Negeri Sarawak, Malaysia-China Friendship Park, Fort Margherita.

© Free-entrance National Parks: Santubong NP → climb Mount Santubong. Mount Singai.

© Museums: <u>Cat Museum</u>, <u>Sarawak Museum</u>, <u>Chinese</u> <u>History Museum</u>, <u>Islamic Museum</u>, <u>Textile Museum</u>.

## Worth The Extra \$€¥

National Parks & Reserves: Kubah NP, Bako NP (check tides!), Kuching Wetlands NP (boat tour), Gunung Gading NP, Tanjung Datu NP, Talang Satang NP, Wind Caves & Fairy Caves NR (Bau), Sama Jaya NR, Semenggoh NR, Kampong Panchor Hot Spring, Annah Rais Hotsprings.

Adventure sports: Canyoning, rappelling, kayaking, rafting, scuba diving, snorkeling.

Museums: Upside Down House, <u>Brooke Gallery</u>.

Visit a longhouse: Annah Rais (tour).

### Budget Bites

**Big supermarkets:** H&L, Everrise, Unaco, Giant.

第 Markets: Sunday Market @ in between Jalan Padungan and Jalan Song Thian Cheok, Satok Weekend Market.

Local food: Nasi Lemak, Nasi Goreng (rice dishes), Satay (skewer), Cendol (cold dessert soup), Roti Canai (Indian), Laksa (soup), Fish Head Curry, Chicken Curry, Roti Jala ((netlike crepes), Popiah (spring rolls), Mee Goreng (noodles), Beef Rendang (curry), Ikan Bakar (grilled fish), Bak Kut Teh (pork ribs broth), Sambal Udang (spicy shrimp), Rojak (fruit & veggie salad with fish), Chee Cheong Fun (rice noodle rolls), Lok Lok (hot pot), Durian, Otak Otak (fish cakes), Bee Hoon (rice noodles), Banana Leaf Rice (Indian), Murtabak.

**Go vegan:** Being vegan is very easy and cheap in Malaysia and especially in Kuching. Every bigger supermarket has vegan products and there are many vegetarian and vegan restaurants... check them on <u>Happy Cow - Kuching</u>.

### Mama Said

Kuching is generally safe, but always be aware of pickpockets and bag-snatching. As in most places, don't walk alone at night. Take extra care at Jalan Reservoir and Jalan Tabuan.

Boycott zoos like the Crocodile Farm and Matang Wildlife Centre (*they have their orangutans caged*).

- Sector Tap water is not drinkable.
- Solution Solution Control C
- Solve the set of banks, not on street ATMs.

### Sleep Cheap

Hostels and hotels are very cheap in Malaysia. Be aware that there are scams with Air BnB and bookingwebsites, so book directly via hotel or verify first via reviews.

• Go <u>Couchsurfing</u> or <u>house-sitting</u>! Also check WorkAway.

## Festivals

Chinese New Year: Feb-Mar.

C Hari Merdeka (National Day): 31-Aug.

World Harvest Festival: Apr.

## Nights Best Spent

Nightlife areas: Carpenter Street. Check out
Terminal 1 Club, Drunk Monkey Street Bar, Insanity
Premier Dance Club, LS Dance Club. The rest is karaoke.

### Free-Riding?

■ Kuching has a rather compact city center, but it's really too hot and humid to walk long distances.

■ Public transport is slow and very unreliable. Most buses leave from the bus stop next to the Open Market or around this block. Times and frequency change on a daily basis, so verify before and make sure you always have a Plan B.

Airport: Kuching International Airport (KCH).

Hitch-hiking is possible, locals are very willing to take a foreigner and have a chat. It can be a good backup plan of the bus system fails again.

#### Next?

- ✤ In Malaysia: Miri, Mulu NP, Kota Kinabalu.
- ✤ International destinations close by: Brunei,

Indonesia, Singapore, The Philippines.

The Earth Becomes My Throne