



Steph's Quick Budget Fact Sheet

Brazil - Rio de Janeiro

Quick Facts

- ✓ **Capital:** Brasilia
- ✓ **Language:** Portuguese
- ✓ **Population:** ± 6.32 mln
- ✓ **Sq km:** ± 1221
- ✓ **Currency:** Reals (R\$)
- ✓ **Country code:** +55 (21)
- ✓ **Visa:** Fore some countries, [check here!](#)
- ✓ **Alarm codes:** 194 (police), 193 (fire), 192 (ambulance)
- ✓ **Vaccinations:** Hep-A / Hep-B / Typhoid / Yellow fever / DTP / Rabies / malaria prevention.



History Recap Over 1 Drink

1500: Portuguese arrive. 1822: Portuguese Peter I Emperor of Brazil, independence from Portugal. '88: Slavery abolished. '89: Federal Republic, Brazil coffee export. 1930: Revolt → Vargas head revolutionary government → coup: dictator. '39: Brazil first neutral, but then joins Allies in WWII. '45: military coup, New constitution. '51: Vargas elected president, stiff opposition → '54: suicide. '56: Pres Kubitschek, rapid economic growth. '60: Capital moved to Brasilia. '60: Pres Quadro.. '64: Military coup, state-ownership. Murders & disappearances. '74: Pres Geisel. '82: Halt payment foreign debt (one of world's biggest). '85: Pres Sarney → Cruzado Plan: Freezing prices and wages to halt inflation → high rise when freeze lifted. '88: New constitution reducing presidential powers. '89: Pres Collor de Mello. Foreign debt payments suspended. Pres corruption: new pres: Franco. '94: Pres Cardoso, acknowledges existence of slavery. '96: Police kills 19 Amazon peasants. '98: Cardoso re-elected. 2000: Indian protests (genocide). '02: Pres Lula, currency all-time low. '04: Wave of land invasions: Red April. Applies for UN Seat. First space rocket launched. '05: Death squad massacre in Rio's favelas. '06: Gang attacks in São Paulo. Lula re-elected. '07: Slaves freed in Amazon. '10: Rousseff 1st female pres: social reforms. '14: Rousseff re-elected. '16: Pres Temer (right).

Travel Seasons

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Spring												
Summer		warmest										
Autumn				wettest								
Winter								coolest				
Budget												

Altitude: 0-1020m. Climate: Tropical savanna climate (Am).

Bucket List For Free

☺ **Free museums & culture:** [Museo Nacional de Belas Artes](#) (Sun free), [Museu do Amanhã](#) (Tue free), [Centro Cultural Banco do Brasil](#), [Museu de Arte do Rio](#) (Tue free), [Museu Historico Nacional](#), [Caixa Cultural](#), [Museu de Arte Moderna](#) (Wed free), [Centro Cultural Municipal](#), [Parque das Ruínas](#), [Museu da Republica](#) (Wed & Sun free), [Espaco Cultural da Marinha](#) & more.

☺ **Beaches:** Copacabana, Ipanema, Arpoador, Prainha, Grumari, Barra, Leblon, Reserva, Joa, Leme & more.

☺ **Nature:** Instead of Pão de Açucar, you can also climb

Worth The Extra \$€¥

👉 **Outdoor sports:** Paragliding, skydiving, hiking, surf.

👉 **Other:** [Pão de Açucar](#) cable car, Corcovado Christ the Redeemer, [Museu Nacional](#) & more.

Full list of free and paid activities can be found [here](#).

Morro do Urca next to it. Other: Rodrigo de Freitas Lake, [Parque do Flamengo](#), Tuijica National Park, Morro dois Irmãos, Parque Lage & more.

☺ **Day trips:** Cabo Frio, Ilha da Gigoia, Paraty, Buzios.

Budget Bites

⌘ **Big supermarkets:** Rede, Mundial, Extra, 2001, Pão de Açúcar, Zona Sul, Princesa.

⌘ **Markets:** Mercado Municipal [CADEG](#). A great place for cheap food stalls the Arcos da Lapa.

⌘ **Local food:** Pão de queijo (cheese bread), acai (superfood), coxinha (chicken), cassava (yucca), paçoca (peanut candy), pamonha (corn dumpling), pastel (deepfried pastry), salgado & kibe & empada (pastry), tapioca, churrasco (meat), acarajé (deep-fried prawn snack), rice & beans.

⌘ **Go vegan:** Being vegan is ridiculously easy in Brazil. Every bigger supermarket has soy milk (various brands), soy burgers, soy, tofu, vegan cheese and yoghurt etc. Health stores like Mundo Verde have even more choice and cheap soy and veggies you find in Mercado Publico. Try the local specialties of pinhão and açaí. Check all vegan-friendly restaurants on [Happy Cow – Rio](#).

Mama Said

☠ Rio is not a safe city. Don't walk anywhere alone after sunset, but also avoid being alone in desolate streets during the day. Use common sense. Don't take valuables along or take expensive cameras or phones out on the street. Don't enter favelas.

☠ Boycott zoos like Jardim Zoológico, where animals are held in captivity.

☠ Tap water is not drinkable. Use filtered or bottled water.

☠ Only use licensed cabs or take an Uber.

☠ Corruption is high in Brazil, especially among cops or government officials. Try to avoid problems with them.

Next?

➔ In Brazil: Cabo Frio, Our Preto, Belo Horizonte, Paraty, Trindade, São Paulo, Itatiaia.

➔ International destinations close by: Argentina, Uruguay, Paraguay.

Sleep Cheap

❖ Hostels and alternative accommodation are not cheap in Brazil. Camping is not recommended here for safety reasons. Find a hostel list [here](#).

❖ Go [Couchsurfing](#) or [house-sitting](#)! Also check [WorkAway](#).

Festivals

☼ Rio Carnaval: Feb.

☼ Rock in Rio: Music, Sep.

☼ Copacabana New year: Dec/Jan.

Nights Best Spent

◆ Nightlife areas: Parties are everywhere in Rio, but make sure to check out Lapa, Copacabana, Ipanema, Leblon & Botafogo.

◆ Teatro Municipal de Rio de Janeiro, Praça Floriano. List of theaters can be found [here](#).

Free-Riding?

■ Rio is a very big and hot city. To get to different areas you can't walk, alternative transport is necessary.

■ Due to heavy traffic and drivers not being used to cyclists it's not recommendable to rent a bicycle within the city, but along the coast it's a great option.

■ City buses bring you everywhere within the centre and to the surrounding villages. You can use a public transport pass or pay cash. Destinations are displayed up front. Download the very helpful Moovit app to plan out inner-city bus routes. The bus terminal for long-distance buses is located at Avenida Francisco Bicalho 1. Buses are expensive in Brazil!

■ There is a metro service with tentacles through the entire city. Plan your trip via Moovit or [here](#).

■ Airport: Aeroporto Internacional do Rio de Janeiro Galeão (GIG).

■ Hitch-hiking is not very safe in the entire province of Rio. The city is surrounded by slums which are certainly not recommended to enter or get near to as a foreigner. Instead, use apps like [Blablacar](#) to get a cheap(er) ride.

Tip: Triposo Brazil app.

The Earth Becomes My Throne