

# Steph's Quick Budget Fact Sheet

#### Quick Facts

- ✓ Capital: Brasilia
- ✓ Language: Portuguese
- ✓ Population:±1.4 mln
- ✓ Sq km: ± 331
- ✓ Currency: Reais (R\$)
- ✓ **Country code:** +55 (31)
- ✓ Visa: Fore some countries, <u>check here</u>!
- ✓ Alarm codes: 190 (police), 193 (fire),192 (ambulance)
- ✓ Vaccinations: Hep-A / Hep-B / Typhoid / Yellow fever / DTP / Rabies / malaria prevention.



#### Brazíl - Belo Horízonte

#### History Recap Over 1 Drink

1500: Portuguese arrive. 1822: Portuguese Peter I Emperor of Brazil, independence from Portugal. '88: Slavery abolished. '89: Federal Republic, Brazil coffee export. 1930: Revolt→Vargas head revolutionary government  $\rightarrow$  coup: dictator. '39: Brazil first neutral, but then joins Allies in WWII. '45: military coup, New constitution. '51: Vargas elected president, stiff opposition  $\rightarrow$  '54: suicide.'56: Pres Kubitschek, rapid economic growth. '60: Capital moved to Brasilia. '60: Pres Quadro..'64: Military coup, state-ownership. Murders & disappearances. '74: Pres Geisel.'82: Halt payment foreign debt (one of world's biggest). '85: Pres Sarney  $\rightarrow$  Cruzado Plan: Freezing prices and wages to halt inflation  $\rightarrow$  high rise when freeze lifted. '88: New constitution reducing presidential powers. '89: Pres Collor de Mello. Foreign debt payments suspended. Pres corruption: new pres: Franco. '94: Pres Cardoso, acknowledges existence of slavery. '96: Police kills 19 Amazon peasants. '98: Cardoso re-elected. 2000: Indian protests (genocide). '02: Pres Lula, currency all-time low. '04: Wave of land invasions: Red April. Applies for UN Seat. First space rocket launched. '05: Death squad massacre in Rio's favelas. '06: Gang attacks in São Paulo. Lula reelected. '07: Slaves freed in Amazon. '10: Rousseff 1<sup>st</sup> female pres: social reforms. '14: Roussef re-elected. '16: Pres Temer (right).

#### Travel Seasons

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Spring												
Summer	warmest											wettest
Autumn												
Winter							coolest	driest				
Budget												

Altitude: 843m. Climate: Tropical wet and dry savanna climate (Aw).

#### Bucket List For Free

© Free museums & culture: <u>Memorial Minas Gerais</u>, <u>Palacio das Artes</u>, <u>Museu das Minas e do Metal</u>, <u>Museu</u> <u>Inima de Paula</u>, Museu Historico, Museu de Moda, <u>Centro Cultural Banco do Brasil</u>, SESC Palladium, <u>Museu</u> <u>de Arte e Ofícios</u> (Sat free). *Bit boring:* Centro de Arte Popular, <u>Espaço do Conhecimento</u>. Visit Maletta for local underground culture.

© **Nature:** Parque das Mangabeiras, Serra da Moeda, Parque Municipal Americo Renee Giannetti, <u>Lagoa</u> <u>Santa</u> **Outdoor sports**: Biking, hiking.

## Worth The Extra \$€¥

Museums: Museu de Ciencias Naturais, Museu Brasileiro do Futebol, <u>Museu da Inquisacao</u>.

**Other:** <u>Parque Guanabara</u>, <u>Inhotim</u>.

Cultural agenda Belo Horizonte.

© **Sights:** Praça de Liberdade, Parque Municipal, Cathedral, Hippie Fair, Cemiterio de Bomfim

Day trips: Pampulha (bike rental recommended & Museu de Arte da Pampulha).

## Budget Bites

**ℬ Big supermarkets:** Verdemar, Luna, Extra.

**Markets:** Mercado Central, Mercado Padre Eustaquio.

Local food: Pão de queijo (cheese bread), acai (superfood), coxinha (chicken), cassava (yucca), paçoca (peanut candy), pamonha (corn dumpling), pastel (deepfried pastry), salgado & kibe & empada (pastry), tapioca, churasco (meat), acarajé (deep-fried prawn snack), rice & beans.

Govegan: Being vegan is ridiculously easy in
Brazil, and as you could read in this blog even easier in
Belo Horizonte. Visit the restaurants addressed in this
blog or check all vegan-friendly restaurants on <u>Happy</u>
<u>Cow – Belo Horizonte</u>.

## Mama Said

Belo Horizonte is a not too dangerous city, but it's still Brazil and the city is surrounded by favelas. Don't walk anywhere alone after sunset, but also avoid being alone in desolate streets during the day. Use common sense. Don't take valuables along or take expensive cameras or phones out on the street. Don't enter favelas.

Tap water is not always drinkable. Use filtered or bottled water.

Solution 2018 Sector 2018 Sect

Corruption is high in Brazil, especially among cops or government officials. Try to avoid problems with them.

### Next?

→ In Brazil: Ouro Preto, Rio de Janeiro, Paraty,
Trindade, Brasilia.

✤ International destinations close by: Argentina, Uruguay, Paraguay.

The Earth Becomes

My Throne

## Sleep Cheap

 Hostels and alternative accommodation are not cheap in Brazil. Camping is not recommended here for safety reasons (it's still a city). Find a hostel list <u>here</u>.

• Go <u>Couchsurfing</u> or <u>house-sitting</u>! Also check <u>WorkAway</u>.

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### Festivals

Planeta Brasil: Music, Jan.

🌣 Festival Internacional de Curtas: Film, July.

Anime Festival: Aug.

# Nights Best Spent

• Belo Horizonte is famous for the amount of bars they have. There's a nightlife basically everywhere, but I personally recommend the underground Maletta.

<u>List of theatres</u> in Belo Horizonte. On <u>Google</u>.

## Free-Riding?

 Belo Horizonte is pretty big, but has a relatively compact center. To get around you can walk.
Orientation might be complicated because there are both ordinal and diagonal streets.

■ Biking is an option, but the traffic is rather crazy. However, in certain parts in town there are designated bicycle lanes and the city provides the <u>Bike BH</u> bicycle sharing system.

■ City buses bring you everywhere within the center and to some of the surrounding villages. You can use a public transport pass or pay cash. Destinations are displayed on the front and color-coded. Download the very helpful Moovit app to plan out inner-city bus routes. The bus terminal for long-distance buses is located at Praça Rio Branco 100 (Terminal Rodoviário Governador Israel Pinheiro). Buses are expensive in Brazil!

■ The metro serves some parts of the city.

■ Airport: Aeroporto Internacional Tancredo Neves / de Belo Horizonte (CNF) & Aeroporto Carlos Drummond de Andrade / Pampulha (PLU).

■ Hitch-hiking is not very safe in Brazil, but the province of Minas Gerais in general is alright. However, you will have to go far out of Belo Horizonte, as the favelas surrounding the town are not safe. You can also use apps like <u>Blablacar</u> to get a cheap(er) ride.