



Steph's Quick Budget Fact Sheet

Bolivia - Sorata

Quick Facts

- ✓ **Capital:** La Paz
- ✓ **Language:** Spanish / Indigenous
- ✓ **Population:** 2217
- ✓ **Currency:** Boliviano BS
- ✓ **Country code:** +591
- ✓ **Visa:** Fore some countries, [check!](#)
- ✓ **Alarm codes:** 110 (police), 119 (fire), 118 (ambulance)
- ✓ **Vaccinations:** Hep-A / Hep-B / Typhoid / DTP / Yellow fever / Malaria prevention

History Recap Over 1 Drink

1st: Aymara's. 1438-1527: Inca's in west. Spanish arrived → 1532: Battle of Cajamarca against Inca's. Spanish colonial times: Bolivia 'upper Peru' / Charcas. Conversion to Christianity. 1770s: Revolt Tupac Amaru II against harsh treatment Indians. 1809: Liberals of rebel armies under the command of Bolivar & Sucre: Battle of Ayacucho. 1825: Independent. 19th century: Peru-Bolivian Confederation → War of Confederation. 1879-83: War of the Pacific: Bolivia lost coast & nitrate rich fields to Chile. 20th century: Discrimination of indigenous people. 1898: Government in La Paz. 1941: Revolutionary Nationalist Movement (Marxist) → 1952: Bolivian National Revolution: include Aymara/Quechua population. 1964: Military junta overthrew president Paz Estenssoro → many presidents. Current: Morales (indigenous): nationalize gas fields.

Travel Seasons

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Spring												
Summer												
Autumn												
Winter												
Wet												
Best												
Budget												

Altitude: 2697m.

Bucket List For Free

- ☺ Hike to Laguna Chillata. This hike (maybe not the lake itself) is considered the absolute highlight of the region.
- ☺ Walk to the San Pedro cave, 'Gruta de San Pedro'. The walk is more rewarding than the cave itself.
- ☺ Walk to look-out points: Mirador Iminapi, Ulluntija and Istipata.
- ☺ Other lagunas to hike to: Glaciar, San Francisco, Illampu. In Illampu there are also ruins to visit.
- ☺ Visit the rivers; Rios de Agua Cristalina & Piedras Blancas. Or walk to Orillas del Rio.

Worth The Extra \$€¥

👉 Everything is more convenient with a guide, especially longer-term treks. Their offices are located around the main square. Shop around and compare. Check Guijasorata.com.

Sleep Cheap

- ❖ Hostal Panchita, +59122134242, Plaza Principal.
- ❖ Hostal Las Piedras, +59172926341, Villa Elisa 2.
- ❖ Hostal Paraíso, +59173023447, Villavicencio.

Budget Bites

⌘ Tasty streetfood: salteñas, tucumanas, choclo, llauchas, anticuchos, saice. Or order a full meal for less than €1 at the market. Ask for a 'japa': a little bit more food/drink for free.

⌘ Go to local restaurants and order *almuerzo* (lunch) or *menu del dia* for 7-12 bolivianos.

Free-Riding?

■ Everything in tiny Sorata is walkable.

■ Minibuses (*colectivo's*) go to La Paz, cementary area and depart there to Sorata as well. For Copacabana you have to get out at Huarina and switch buses.

■ Taxi's are cheap, but can be very dangerous in Bolivia. Armed muggings are common. Only use official companies, let your hostel call a radio taxi. Never go in a cab with strangers. As a woman, go with men you know.

Tip: Download the free Triposo Bolivia app for an offline map, offline guide & more.

Mama Said

⚠ Watch your bag, buy a lock. Smartphones are popular.

⚠ NEVER take an unofficial taxi or go in a cab with strangers. Let your hostel call one. Kidnapping, assault and robberies are a serious threat.

Next?

➔ In Bolivia: La Paz, Coroico, Copacabana, Uyuni, Potosi.

➔ International destinations closeby: Peru, Brazil, Chile, Paraguay.

The Earth Becomes My Throne