

Steph's Quick Budget Fact Sheet

Quick Facts

- ✓ Capital: Brasilia
- ✓ Language: Portuguese
- ✓ **Population:**±8,700
- ✓ Sq km: ± 193
- ✓ Currency: Reais (R\$)
- ✓ **Country code:** +55 (86)
- ✓ Visa: Fore some countries, <u>check here</u>!
- Alarm codes: 190 (police), (24)3361 9557 (fire), (24)3361-5884 (first aid)
- ✓ Vaccinations: Hep-A / Hep-B / Typhoid / Yellow fever / DTP / Rabies / malaria prevention.



Brazíl – Ilha Grande

History Recap Over 1 Drink

1500: Portuguese arrive. 1822: Portuguese Peter I Emperor of Brazil, independence from Portugal. '88: Slavery abolished. '89: Federal Republic, Brazil coffee export. 1930: Revolt→Vargas head revolutionary government \rightarrow coup: dictator. '39: Brazil first neutral, but then joins Allies in WWII. '45: military coup, New constitution. '51: Vargas elected president, stiff opposition \rightarrow '54: suicide.'56: Pres Kubitschek, rapid economic growth. '60: Capital moved to Brasilia. '60: Pres Quadro..'64: Military coup, state-ownership. Murders & disappearances. '74: Pres Geisel.'82: Halt payment foreign debt (one of world's biggest). '85: Pres Sarney→Cruzado Plan: Freezing prices and wages to halt inflation \rightarrow high rise when freeze lifted. '88: New constitution reducing presidential powers. '89: Pres Collor de Mello. Foreign debt payments suspended. Pres corruption: new pres: Franco. '94: Pres Cardoso, acknowledges existence of slavery. '96: Police kills 19 Amazon peasants. '98: Cardoso re-elected. 2000: Indian protests (genocide). '02: Pres Lula, currency all-time low. '04: Wave of land invasions: Red April. Applies for UN Seat. First space rocket launched. '05: Death squad massacre in Rio's favelas. '06: Gang attacks in São Paulo. Lula reelected. '07: Slaves freed in Amazon. '10: Rousseff 1st female pres: social reforms. '14: Roussef re-elected. '16: Pres Temer (right).

Travel Seasons

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Spring Summer												
Summer												
Autumn												
Winter												
Budget												

Altitude: 992m. Climate lower part: Tropical rainforest (Af).

Bucket List For Free

 Beaches: Lopes Mendes, Lagoa Azul, Aventureiro, Dois Rios, Caxadaco, Parnaioca, Abraaozinho, Meros, Preta, Saco do Ceu, Feiticeira, Grande das Palmas, Crena, Abraao, Aracatibinha, Julia, Japariz, Freguesia de Santa, Camiranga, Vermelha, Santo Antonio, Mangues, Grumixama, Leste e do Sul, Enseada do Bananal, Maguariquecaba, Baleia, Proveta, Ilha dos Macacos, Ubatubinha, Comprida, Pouso, Praia do Amor, Tapera, Araca, Itaguacu, Passaterra, Fora, Longa, Morcego, Funil, Guaxuma, Marinheiro, Fazenda, Baixo, Jaconema, Matariz, Cachoeira & more.

Worth The Extra \$€¥

Outdoor sports: Scuba diving, snorkeling, kayak, canoe, sailing, boat tours,

Other: <u>Ecomuseu</u>, sauna, massage, yoga.

Sights: Aqueduto, Castelhanos Lighthouse, Igreja de
São Sebastião, Lazareto ruins, Ilha de Jorge Grego.

Ikkes: Pico do Papagaio, trail to to Lopes Mendes, Cachoeira Feiticeira, Volta da Ilha (around the entire island, takes about a week).

Budget Bites

ℜ It's recommended to take groceries from Angra dos Reis, as everything has to be imported to the island by boat and is therefore pricy. There are small grocery stores available, however.

Local food: Pão de queijo (cheese bread), açaí (superfood), coxinha (chicken), cassava (yucca), paçoca (peanut candy), pamonha (corn dumpling), pastel (deepfried pastry), salgado & kibe & empada (pastry), tapioca, churasco (meat), acarajé (deep-fried prawn snack), rice & beans.

 Govegan: Being vegan is ridiculously easy in Brazil. Every bigger supermarket has soy milk (various brands), soy burgers, soy, tofu, vegan cheese and yoghurt etc... but on Ilha Grande you won't find any, so buy it in advance. Check all vegan-friendly restaurants on Happy Cow − Ilha Grande.

Mama Said

IIha Grande is relatively safe, but always use common sense. Don't take valuables along or take expensive cameras or phones out on the street. Don't enter the favelas around Angra dos Reis.

Tap water is not drinkable. Use filtered or bottled water.

Corruption is high in Brazil, especially among cops or government officials. Try to avoid problems with them.

Next?

→ In Brazil: Angra dos Reis, Rio de Janeiro, Paraty,
Trindade, Itatiaia.

→ International destinations close by: Argentina, Uruguay, Paraguay.

The Earth Becomes

My Throne

Sleep Cheap

✤ Hostels and alternative accommodation are not cheap in Brazil. Wild camping is not allowed on Ilha Grande, but there are several camp sites.

• Go <u>Couchsurfing</u> or <u>house-sitting</u>! Also check WorkAway.

Festivals

Carnaval: March.

C Festival Gastronômico: Food, Nov.

Nights Best Spent

Nightlife area: Abraão. Restaurants and bars attract artists to play live music. You're obliged to pay a fee for them if you sit on the terrace.

Free-Riding?

■ There's no transport on the island, so every distance has to be walked.

■ There are no bicycle lanes and within the villages distances are so short it's not worth renting a bike for.

■ There are no buses nor cars on the island. The bus terminal in Angra dos Reis is located at Avenida Almirante Jair Carneiro Toscano de Brito 110, only 20 minutes walking from the ferry.

■ To reach the island you can take the daily ferry service or pay for a more expensive speedboat. The timetables for the cheaper ferry service can be found <u>here</u>.

■ **Airport:** Ilha Grande is located in between Rio de Janeiro and São Paulo.

■ **Hitch-hiking** is not very safe in the provinces of Rio and São Paulo and more up north. There are many favelaswhich are certainly not recommended to enter or get near to as a foreigner. Instead, use apps like <u>Blablacar</u> to get a cheap(er) ride from and to the port from Ilha Grande.

Tip: Triposo Brazil app.