



Steph's Quick Budget Fact Sheet

Peru – Huaraz (Huascarán National Park)

Quick Facts

- ✓ **Capital:** Lima
- ✓ **Language:** Spanish / Indigenous
- ✓ **Sq km:** 370,03
- ✓ **Population:** ± 120.00
- ✓ **Currency:** Nueva Sol (S)
- ✓ **Country code:** +51 (043)
- ✓ **Visa:** Fore some countries, [check!](#)
- ✓ **Alarm codes:** 105 (police), 116 (fire), 117 (ambulance)
- ✓ **Vaccinations:** Hep-A / Hep-B / Typhoid / DTP / Yellow fever / Malaria prevention

History Recap Over 1 Drink

6000BC: Nomads. 2500BC: Caral first city. Civilizations developed → Inca's (1438-1532) most powerful, capital: Cusco, language: Quechua, area: Ecuador to central Chile. 1531: Spanish, brought diseases (8,6mln Inca's died). Pizarro: *coupe d'état*, Battle of Cajamarca. Christianity introduced. Colonial land-tenure structure. 1542: Viceroyalty of Peru in favor of Spain. 18th Century: Incan rebellion (Tupac Amaru II/Atahulpa). 19th Century: Creole rebellion. 1810-24: Wars of Independence, led by San Martín (Argentina) / Bolivar (Venezuela), financed by Chile. 1824: Peru independent. 1836-39: Peru-Bolivian Confederation (reunite) → War of Confederation. 1879-84: War of the Pacific, lost land to Chile. 1884- 1930 Aristocratic republic → reforms under Piérola. 1929: Economic crisis → numerous governments: APRA (Haya de la Torre)-Communist Party (Mariategui)-Rivero-Odria-Haya de la Torre - Godoy (military)-Belaúnde-Velasco-Bermúde-Belaúnde-Garcia-Fujimori ([Shining Path](#))-Toledo-Garcia-Humala. Corruption. 1982-83: El Nino. 1988-90: Hyperinflation.

Travel Seasons

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Dry												
Wet	wet	te	st									
Best												
Budget												

Altitude: 154m.

Bucket List For Free

- ☺ Visit the market to be overwhelmed with the unorganized chaos of Peruvian culture.
- ☺ People-watching at Plaza de Armas.
- ☺ Check the office of the Ministry of Culture (facing Plaza de Armas) for free cultural activities.

Tourist Trap Alert

- ☹ Hiking trips attract many tourists. Don't be turned off by that, this place is absolutely world class.

Park entrance: S/10: 1 day - S/65: 1 month.

Worth The Extra \$€¥

- 👍 The highlight: Santa Cruz trek. [Quechuandes](#) & [Ganesa](#) are recommended companies, but don't offer many treks in low season. Avoid Peru Diamond & Galaxia and bring enough supplies yourself. ±S/300.
- 👍 Laguna 69: Daytrip (guide unnecessary) or camp. If possible, stop at Laguna Llanganuco. ±S/30.
- 👍 Glaciar Pastoruri: Unforgettable day trip. ±S/35.
- 👍 More lagunas: Parón, Hanganucon (Chinancocha / Orconcocha)

Budget Bites

- ⌘ Mercado Central: Cheap fruit, veggies and meals... and a sneak-peak in Peruvian culture.
- ⌘ Streetfood is dirt cheap. Tasty: salteñas, lomo saltado, quinoa, cuy (guinea pig), rocoto relleno, anticuchos, pollo a la brasa, picarones.
- ⌘ Order a *menu del dia* in a local restaurant for as little as 2,5-10 soles.
- ⌘ Self-catering at Novaplaza Supermercado (Av. Luzuriaga).

Festivals

- ☼ El Señor de Soledad: Folklore, early May.
- ☼ Semana de Andinismo: Mountaineering, June.

Free-Riding?

- Huaraz is tiny & walkable.
 - Buses serve long-distance destinations. Micro's (small vans) run everywhere, a sign indicating the direction. Ask locals which one to take, as there's no clear system. Watch pick-pockets!
 - Motortaxi's bring you everywhere in town. Not necessary for the short distances, but convenient as street names and numbers are poorly indicated.
 - Taxi's are cheap, but unnecessary in small Huaraz. If you use them, only use official radio taxi's which are safer.
- Tip: Download the free Triposo Peru app for an offline map, offline guide & more.

Sleep Cheap

- ❖ Akilpo Backpackers, +5143456169, Av. Raymondi 510.
- ❖ Monkeywasi, +51965001205, Jr. Agustin Mejia 797.
- ❖ Go [Couchsurfing!](#)

Mama Said

- ☠ Don't go trekking all alone. Armed muggings in the Cordilleras have happened. Also, altitude sickness can be deathly and telephone service is non-existent in the mountains.
- ☠ Never wander around alone at night or off the main streets.
- ☠ Watch your bag, buy a lock. Smartphones are popular.
- ☠ Take day buses. Night buses are more dangerous in sense of accidents, robberies and hijackings.
- ☠ Be careful with drugs. Dealers cooperate with corrupt police officers.

Knowledge I'm Taking Home

- 📖 Hable español: [Teach Huaraz](#).
- 📖 Dance & Guitar classes: Centro Cultural de Huaraz.

Next?

- ➔ In Peru: Lima, Mancora, Trujillo. Cajamarca.
- ➔ International destinations closebv: Ecuador.

The Earth Becmes My Throne